

# TABLE OF CONTENTS

<b>ACKNOWLEDGMENTS</b> .....	i
<b>AUTHORS</b> .....	ii
<b>WHERE TO BEST USE THIS RESOURCE and OUTCOMES</b> .....	iii
<b>GLOSSARY</b> .....	iv
<b>TABLE OF CONTENTS</b> .....	v
<b><u>FOLK DANCES</u></b>	
Seven Jumps .....	1
Csebogar .....	2
Mexican Social Dance .....	3
F'Jaskern/Hurry Skurry .....	4
Canadian Lancers .....	5
D'Hammerschmiedsgelln .....	6
Virginia Reel .....	7
Triolett .....	8
<b><u>MIXERS</u></b>	
Elsden Circle .....	9
Circassian Circle .....	10
Atlantic Mixer .....	11
Jiffy Mixer .....	12
Pattycake Polka .....	13
Maple Leaf Stomp .....	14
Brandy Rump Bump .....	15
<b><u>NOVELTY DANCES</u></b>	
Alley Cat .....	16
Old Dan Tucker .....	17
Annie Goes to the Cabbage Patch .....	18
Lollipop .....	19
Ding Dong Daddy .....	20
Macarena .....	21
All Shook Up .....	22
OPHEA Hand Jive .....	23
Purple People Eater .....	24
Cotton-Eyed Joe .....	25
Rain Dance .....	26

Elvira .....	27
Tippy Toeing .....	28
Stayin Alive .....	29
Electric Slide .....	30

**SINGING GAMES**

Baa Baa Black Sheep .....	31
Hickory Dickory Dock .....	32
Round and Round the Village .....	33
Did You Ever See a Lassie .....	34
A Hunting We Will Go .....	35
The Muffin Man .....	36
Fishy Song .....	37
Head and Shoulders .....	38
Waddy Atcha .....	39
Peanut Butter .....	40
Hokey Pokey .....	41
Farmer in the Dell .....	42
Bingo .....	43
My Body .....	44

**SPECIAL OCCASIONS**

Turkey in the Straw .....	45
The Oktoberfest Apple Dance .....	46
Bird Dance .....	47
Monster Mash .....	48
Grandma Got Run Over by a Reindeer .....	49
Jingle Bells .....	50
Meet Me Under the Mistletoe .....	51
Captain Santa Claus .....	52
Santa Baby .....	53
Bunny Hop .....	54



<b>CATEGORY</b>	Novelty dance from Texas
<b>DANCE NAME</b>	<u>COTTON-EYED JOE</u>
<b>SONG/SOURCE</b>	Kik-R 202
<b>FORMATION</b>	Groups of 2, 3 or 4, hands joined behind neighbour's waist
<b>BASIC STEP</b>	Basic polka step

### DANCE INSTRUCTION/TEACHING PATTERN

#### Counts

##### Part 1

- 1 & Weight on left foot, push right foot, (knee bent) downward toward floor, lift.
- 2 & Repeat 1.
- 3 Step backward on right foot.
- & Step backward and close left foot beside right foot.
- 4 Step forward on right foot.
- 5 - 8 Repeat 1 - 4 with opposite footwork.
- 9 - 16 Repeat 1 - 8.

##### Part 2

- Traveling forward.
- 1 Step right diagonally forward on right foot.
- & Step left crossed behind right foot.
- 2 Step right diagonally forward on right foot.
- & Brush left beside right brushing foot forward.
- 3 - 4 Repeat 1 - 2 moving diagonally and with opposite footwork.
- 5 - 16 Repeat 1 - 4, 3 more times.

##### Part 2 (variation)

- 1 - 2 Step with right foot diagonally forward and crossed in front of right neighbour's left foot.
- 3 - 4 Step with left foot diagonally forward and crossed in front of left neighbour's right foot.
- 5 - 6 Repeat counts 1 - 4.

