

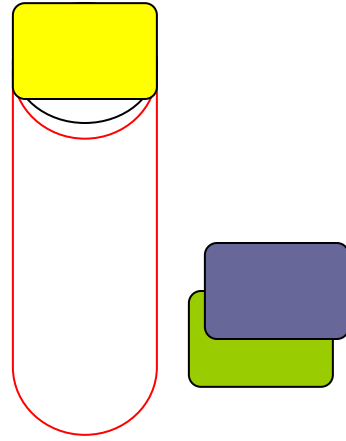
THE FAR SIDE WORKSHOP

CIRA 2009 CONFERENCE
Choose Wisely
Orillia, Ontario

May 9, 2009.

PRESENTER - BILL SERBIN

Top It Up



Created by Bill Serbin

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Equipment – Empty tennis cans, a load of bean bags and Gator skin balls

Game- Each player or team of 2 players needs one can to protect. Players will throw gator skin balls to knock down the tennis can. A player or team can only throw a ball to knock down the can of another player or team when their own is standing. When a can is knocked down a player must go and get a bean bag to stack on top their tennis can. The game is over when there's no more bean bags.

KEY POINTS

Create a boundary line to ensure that no tennis cans are set up close to a wall or corner. After a while you can stop the game and a player or team can relocate to a new spot.

Tubular 500

Created by Bill Serbin

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Equipment- Each team will need a tube, 3-4 scooters, a foam flying disc or mini inner tube, and pylons to outline the course.

Game- Each team needs a minimum of 3 players. Place the inner tube on the scooters and have the driver nestle in on the tube. The foam flying disc is just an optional feature as a steering wheel. You have a driver then you need someone to push the tube and be the motor. The extra player or players are the pit crew, that will jump into action should a scooter come out from under the tube while completing a lap. Once a lap is completed, the person who was the motor becomes the driver and a member of the pit crew becomes the new motor for a lap.

KEY POINTS

To promote safety, make sure all benches or other equipment in the gym is padded with mats. You can pad the corners or walls if you feel that is necessary. Driving revs up the enthusiasm and you can have a driver go and collect a token for each successful lap and did not collide with another tube car.

The Widening River

Created by Bill Serbin

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Equipment- 2 Old Fire Hoses, Rubber Chickens, Bean Bags, Balls, Odd items to pass and throw.

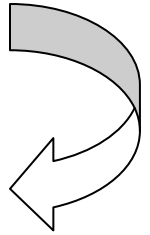
Game- Roll out the fire hoses create a narrow end and a wide end. Pile all the passing items near the narrow end. Everyone needs a partner and must pass the item across to their partner. The receiving player must catch the item without stepping into the river. Should the item not be caught, then it must be tossed into the river as pollution. The players make it up the widening river by taking a step closer to the wide end after each successful pass. Once a team has reached the end or unsuccessfully passes the item they return to the beginning and start anew with another item. You can add the element of fish having to swim up stream being challenged by the pollution to create an environmental awareness aspect by having students lay on a scooter and be a fish.

KEY POINTS

Having a variety of items to pass makes the game more fun and unique because of the challenge of throwing the item or catching it.

Wheels off the Bus – KIDS CALL IT

ROAD KILL

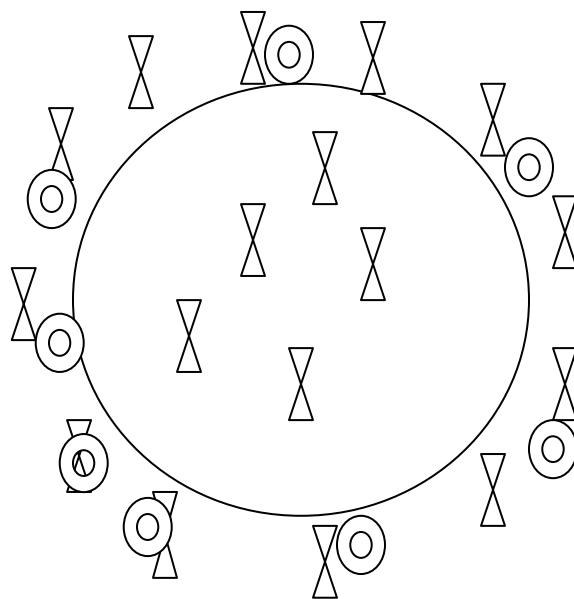


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Equipment- A large circle area, various sized tubes.

Game- Have 5-6 students in the middle area of the circle. The students inside the circle can move anywhere within the boundaries of the circle but try to avoid the inner tubes from hitting them and must roll out any inner tubes that stop inside the circle. The students outside the circle roll the tubes trying to make contact with those people inside. Should a person roll the tube and it strikes an inside person, then they switch rolls. Your basic circle dodge ball game but with a tubular approach.



Chicken Noodle Soup

Created by Bill Serbin

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Equipment- Screaming Rubber Chickens, Pool Noodles, Gator Skin Balls, Bean Bags, Inner Tubes.

Game- Create 4 teams that stand a challenging distance from the tubes so that throwing any of the listed items will be fun and require accuracy. Have a tube assigned to each team, so that the target area is clear to each team. When tossing the chicken to the tube which is representative of the boiling pot of water to make soup please squeeze the chicken. The gator skin balls can be spices, just like the bean bags and the noodles well that's pretty simple. Any items that don't land in the pot must be picked up and returned to next person in