



Volume 2 - Number 1 - MARCH 1976

EDITOR'S MESSAGE

Well, this is my first attempt as editor of the Canadian Intramural Newsletter and I must admit that I leaned on Peter rather heavily for help in this issue.

Peter has done an excellent job over the past four years and on behalf of all intramural people, I would like to thank him for his tireless effort and constant enthusiasm. He made the newsletter into a very worthwhile and useful medium for new ideas and the exchange of ideas and opinions among intramural people in Canada.

For those of you who are wondering who I am, read on -- I am presently working with the Athletics Department at the University of Guelph as Assistant Supervisor of Intramurals and Recreation. Although I'm relatively new at this type of work I was actively involved in intramurals while a student at Guelph from '68 - '72 and thoroughly enjoy working with students and other participants in the intramural and recreational programs.

With help from you, I hope to continue the newsletter in first class style as Peter has done over the past four years.

If you have ideas, opinions or questions please contact me - c/o Department of Athletics, University of Guelph, Guelph, Ontario. *Rich*
Phone -- 519-824-4120, Extension 2220.

8th ANNUAL GENEVA PARK DIRECTOR'S CONFERENCE

April 26th to 28th, 1976

We have some changes since the last newsletter regarding costs and accommodation so please use these up-to-date figures and facts when reserving for the Conference:

COST: \$55.00 per person

- INCLUDES:**
- conference fee
 - room and board for two days
 - coffee-breaks and snacks
 - gratuities
 - socials
 - proceedings

BREAKDOWN OF THE COSTS:

Conference fee - \$15.00 - non-refundable. This should be sent to Rob Stinson by April 1st --
Conference Chairman
Loyalist College
BELLEVILLE, Ontario.

Phone: 1-613-962-9501 - Ext. 243.

Anyone not staying the entire time can pay \$15.00 conference fee and \$20.00 per day. These rates are based on double occupancy.

We can only accommodate 64 to 80 people, so please register early. If necessary, we may limit the numbers to three per institution.

TENTATIVE PROGRAM #8

Theme: New Dimensions and Directions of Intramurals

MONDAY, APRIL 26th

11:00 - 12:30 p.m.	Registration and Displays
12:30 - 1:00 p.m.	Lunch - included in reg.
1:30 - 2:00 p.m.	1. Welcome
	2. Good, Bad, Different
	3. Programme Format
2:00 - 3:15 p.m.	Programme Evaluation - How Do You Know you have a Good Programme?
	2:00-2:20 - Introduction - Peter Hopkins - Waterloo
	2:20-3:15 - Small Groups - Discussion
3:15 - 3:30 p.m.	Coffee Break
3:30 - 4:00 p.m.	Feedback on Methods of Evaluation
4:15 - 5:15 p.m.	Dr. Terry Orlick
5:15 - 6:00 p.m.	Open Room Discussion
6:00 - 7:00 p.m.	Supper
7:00 - 8:30 p.m.	Dr. Terry Orlick - "Co-operative Games"
8:30 - 10:00 p.m.	Social Time - Lane's
10:00 p.m.	Snackers

Copies of Terry Orlick's book -- EVERY KID CAN WIN -- Can be ordered from :

Nelson Hall/Publisher
325 West Jackson Blvd.
Chicago, Illinois. 60606.

Enclosed \$6.95 plus 50¢ for postage and handling for each copy.

TUESDAY, APRIL 27th

- 7:30 a.m. Smealters Jog
- 8:30 a.m. Breakfast
- 9:00 - 10:30 Interest Areas
 1. Instruction - Howard Pearce
Queen's
 2. Equalization Methods -
Peter Rylander - Niagara
 3. Feeder System for H.S. IM -
Dennis Pettit - Clarke Rd.SS
 4. Promotional Ideas -
Nila Ipson - Dalhousie
- 10:00-10:45 am Coffee
- 10:45-12:00
 1. Campus recreation -
David Joos - Acadia.
 2. Fund Raising for IM
 3. Special One day Events
 4. Extramurals
- 12:30 - 1:00 Lunch
p.m.
- 1:15 - 2:00 Intramurals - In the Outdoors
- 2:00 - 3:15 Possibly - Game - "Win As Much
as You Can" - Peter Hopkins.
- 3:15 - 3:30 Union Break
- 3:30 - 4:30 Activity Session - Doug Amey -
Mohawk College
- 5:00 - 6:00 Open Door - Session #2
- 6:00 - 7:00 Supper
- 7:00 - 9:00 Battle of the Sexes
Title IX in Canada - Fact or
Fiction?
Chairperson-Aarne H. - Halleyberry
Fact - Sue Bolten - Queen's
+ 1 other
Fiction - Dave Copp + one other
(Interested people - drop Rob
a line)
- 9:00 - 10:00 Awards and Social -
Coyle & Greer Awards & Company
- 10:00 p.m. Snackers or what you will or
will not?

WEDNESDAY, APRIL 23rd

- 7:00 a.m. The Bloody Mary Jog
- 8:30 - 9:00 Breakfast
- 9:00 - 10:30 Special Ideas that work
- 10:30 - 10:45 Coffee
- 10:45 - 12:00 What's Happened, Happening,
Going to Happen in N.A.?
 1. High School Conference -
Marg Terrett - Earl of
March S.S.
 2. NISL, NIRSA, Western Director,
Quebec, CAHPER, Maritimes.
 3. Activity Rules
 4. Research
 5. Organization
 6. Student IM Conference
 7. 1976-77 Executive
 8. Program Evaluation
- 12:00 - 1:00 Lunch and Farewell

2nd ANNUAL SFU INTRAMURALS CONFERENCE
Simon Fraser University - October 28, 1975
by Ian McGregor, Ph.D. - Intramurals Supervisor,
Simon Fraser University.

The second annual SFU Conference on Intra-
mural Sports was a success, with 69 delegates
attending. The guest speakers were:
Elementary: Mr. Lawrence Veal (Glenayre
Elementary, Coquitlam)
Mr. Roger Lindstrom (Lincoln
Elementary, Coquitlam)
Secondary: Mr. Michael Hardisty (Assoc. in the
Mr. Andy Nemeth Fac. of Educ. SFU)

POST Mr. Neil Chester (Athletic Dir.,
SECONDARY: Capilano College, N. Vancouver)

1. Statistics -

On the whole, the figures show a favor-
able response to the conference. Most people
did not complete all sections of the evaluation,
preferring to comment instead. These comments
were extremely diversified and impossible to
summarize. The main problem hinged around the
fact that the delegates were of widely different
experience in intramurals. In consequence, mat-
erial was too advanced for some, and too simple
for others.

The case studies-management games
approach was a great success, with delegates
enjoying the chance to communicate their ideas,
problems, and solutions.

After studying the suggestions and
criticisms thoroughly, the following guidelines
will be employed in planning next year's
conference.

(a) The SFU Intramurals Conference will be for
non-P.E. specialists only. P.E. specialists
and teachers having experience in Intramurals
will be catered for in the Victoria Conference
on the Teaching of P.E. Please encourage a non-
P.E. specialist from your school to attend next
year - who knows, it may help to solve some of
your problems!

(b) The conference will remain as a one-day
affair, but with a 50% activity, 50% classroom
format.

(c) The case studies-management games approach
will be continued.

2. General Comments -

(a) The annual interior workshop for Spring,
1976, will be held in Prince George, sometime
in April. The workshop will be co-sponsored by
the P.E. PSA.

(b) The SFU Intramurals Clearing House is
gradually accumulating some excellent material
on Intramurals. Feedback from teachers is vital,
and any material on existing intramural programs
in B.C. (or elsewhere) is eagerly solicited.
Please do share your successes!

RECREATIONAL INTRAMURAL
7 ASIDE TOUCH FOOTBALL

by Peter Hopkins

1. One-handed-touch - defensive team calls -
honour system.
2. Four downs to score - choice of kick or
play on 4th.
3. Defensive teams lines up 5 yards from L.O.S.
4. Forward passes anywhere, anytime of the
field.
5. Converts made by passing, running over goal
line from 10 yards out.
6. Absolutely no blocking at any time.
7. Ball is automatically dead when it hits the
ground except on punts, kick-offs and QB-
centre exchanges. If player fumbles the
ball on punts and kick-offs, the ball is
dead but if it bounces first then caught,
it is live.
8. Five yard rule on punts and kick-offs until
ball is picked up.
9. After 20 minutes in each half, there are 5
plays left as declared by defensive team.
10. Singles are in effect as ball is kicked over
or through and over end zone or touched in
goal area. cont.

11. All players are eligible receivers.
12. Anything not covered is to be decided by both captains.
13. No cleats are permitted.
14. Any rules not covered are decided by both captains. Captains should go over all rules before each game.

FIRST OTTAWA VALLEY INTRAMURAL CONFERENCE

by John Box, Conference Chairman

This conference was a success. Over 60 delegates attended and for a one day event the proceedings indicate that everyone was very busy and came up with a lot of new and interesting ideas.

Dennis Pettit, London, was the guest speaker and stressed that participation, motivation, organization, publicity and structure were key points in a good intramural program. To quote Dennis - "a good intramural system means fun and enjoyment".

The ideas from the Conference are too detailed to explain here but some of the topics covered will follow. John or some of his colleagues will be able to fill you in on the details if you so desire.

Some of the topics covered under game and club ideas: Fitness Club, Riddell Ball, Smash Rules, Indoor Softball, Co-Ed Intramural Basketball.

The seminar groups discussed - officiating; student-staff involvement; co-ed activities; rule modifications; promotion; awards; advertising; competitive recreation and club activities; and leadership.

If you are interested in any of the ideas from this conference please contact Marg Terrett, Earl of March High School, Kanata, Ontario.

RECREATIONAL & INTRAMURAL INVOLVEMENT SURVEY

by Rob Stinson

RECREATIONAL INVOLVEMENT:

	Numbers in Program	Different Activities
Overall Free Time	422	66
Instruction	198	57
Club	148	50
On Campus	553	67
Off Campus	234	52

COMPETITIVE INTRAMURALS:

'74-'75	310	59
'75-'76	339	59

Format

Tournament	173	40
League	181	34
Other	6	--
Faculty Involved	40	--

Comments

Poor	38	21
Good	104	41
Excellent	153	46

Rob will be available at the Geneva Park Conference to expand on the survey and explain the significance of the results.

WHAT IS CAHPER?

WHAT DOES CAHPER DO?

CAHPER is a group of people professionally concerned and engaged in providing, extending and improving the quantity, quality and benefits of human physical activity to Canadians.

The originating group determined that these ends could be better achieved in association with one another. Hence, the establishment of the organization, in 1933, known first as the Canadian Physical Education Association, and from 1948 the Canadian Association for Health, Physical Education and Recreation.

A Board of Directors, elected by national members, provides leadership for the Association and is delegated to run its affairs, regularly reporting to the membership.

WHAT DOES CAHPER DO?

The Board through its Executive Committee and the President direct the National Office Staff, and supervise the business affairs of the Association. Action Committees which are established to achieve the purposes of the Association are approved by the President and Board to which they report. Special and Presidential Committees are really ad hoc committees set up to do a particular job.

It should be realized that CAHPER can only be effective if each individual member is actively involved in the Association. Membership assumes that the member has made a commitment to endeavour to achieve the publicly stated aims and goals of the Association.

CURRENT PROJECTS

1. School Olympic Promotion, Olympic Accommodation and Olympic Manpower Projects. For further details. Write to: Diane Potvin, CAHPER, Montpetit Hall, 35 McDougall Lane, Ottawa, Ontario.
2. Running of Leader Clinics throughout Canada for the Canadian Home Fitness Test in co-operation with Recreation Canada of the Federal Government.
3. Currently our Research Council is reviewing three projects of quite significant national prominence. Information related to these projects will be made available as soon as possible.

CAHPER CONVENTION '76 will be held at the same time (July 11-16, 1976) as "The International Congress of Physical Activity Sciences", in Quebec City. This is a unique opportunity for all people in the field - practitioner and research alike - to meet, listen to and discuss with people at the forefront of knowledge and expertise.

Information for the ICPAC '76 can be obtained from:
 M. Gilbert Michaud
 Executive Secretary/Treasurer
 ICPAC '76
 Casier Postal 1976
 QUEBEC, P.Q. G1K 7M1.

and information on CAHPER '76 is available from:

Mr. William Hallet
 Executive Director CAHPER
 10th Floor, 333 River Road
 VANIER CITY, Ontario. K1L 8B9.

UPCOMING CONFERENCE INFORMATION

1. NATIONAL INTRAMURAL SPORTS COUNCIL (NISC) - As part of the AAHPER Convention, the NISC will present 4-5 hours in the field of Intramurals. April 2-6, 1976, Milwaukee. Watch for complete information in January '76 issue of JOHPER or write to AAHPER, 1201 16th Street NW, Washington DC 20036.
2. NIRSA formerly the NIA will be held, April 12-15 in San Diego, California. Write to Mr. Will Holsberry, Executive Secretary, NIRSA, Dixon Recreation Center, Oregon State University, Corvallis, Oregon, USA. 97331.
3. 8TH ANNUAL GENEVA PARK DIRECTOR'S CONFERENCE will be held, April 26-28 at the Conference Centre on Lake Couchiching, Orillia, Ont. (See inside for details).
4. 2ND ANNUAL QUEBEC CONFERENCE will be held around May 4th-7th at L'Auberge le Rouet in the Laurentians. It is hoped that some other provinces will join the Quebec group to continue the process of inter-provincial communication. This year, the proceedings will be conducted in English. Write to Mr. Michele Duguay, Director of Intramurals, CP 6128, University of Montreal, Montreal, P.Q. - Phone 514-343-6150.
5. 7TH ANNUAL WESTERN DIRECTOR'S CONFERENCE will be held in the 2nd week of May at the Banff Centre, Banff, Alberta. Please write to Dr. Al Brawn, Director of Campus Recreation, University of Calgary, Calgary, Alberta. Phone 403-284-6479.
6. CAHPER CONVENTION 1976 will be held in Quebec City from July 11th to 16th. More information on the convention can be obtained from: Mr. William Hallet
Executive Director, CAHPER
333 River Road
Vanier City, Ont. K1L 8B9.

NOTE: Anyone who sent in their subscriptions to Peter from January 1st on please drop us another line. Inadvertently these names were misplaced. Sorry for the inconvenience.
Subscriptions: \$1.00-year Sept. '75-Sept. '76.
Editor: Rick Turnbull
Department of Athletics
University of Guelph
Guelph, Ontario.

JOB OPPORTUNITY -- The University of Regina
Department of Physical
Education

Invites applications for two temporary faculty appointments for the 1976-77 academic term. Duties will include a combination of:

(A) TEACHING

1. Theory - Organization and Administration of Physical Education.
- History of Physical Ed.
- Aims and Objectives in Physical Education.
2. Activity - gymnastics, volleyball, badminton, basketball, alpine skiing, social dance.

(B) ADMINISTRATION

- Director of Intramurals.
- Director of Community Programs.

In addition, experience and competency in the areas of physiotherapy, coaching of men's basketball, research, technical laboratory expertise and sports and recreation administration will be supportive to the application.

APPOINTMENTS: (These appointments are temporary only and will expire as indicated.)

1. Either eight months (Sept. 1st to April 30th) or twelve months (July 1st-June 30th).
2. Male or female.
3. Salary and Rank commensurate with experience and qualifications.

APPLICATIONS, curriculum vitae and references should be submitted to:
N.B. Sherlock
Director of Physical Education
University of Regina
Regina, Saskatchewan. S4S 0A2.



Mrs. Jean Kennedy
50 Gould Street
Ryerson Polytechnical Institute
TORONTO, Ontario