

# CANADIAN INTRAMURAL

## NEWSLETTER

March 1977

Volume 2 Number 4

Published at The University of Guelph, Department of Athletics, Rick Turnbull - Editor

### EDITOR'S MESSAGE

Thanks for the comments and suggestions about the newsletter and its' new design. There have been several inquiries about starting new intramural programs in high schools. If you have information that would be helpful, please send it along and it will be printed in the newsletter.

Copy deadline for the next issue is April 25th and hopefully there will be a report on the NIRSA conference in Boston and the Geneva Park Intramural Directors Workshop.

Thanks to Doug, Ian, Louis, Al, Michel and Sue for their contributions to this issue. We had an additional 12 subscription renewals since the last issue. If you want to continue receiving the newsletter, please send your name, address, institution phone number and a *50* for five dollars in an envelope and mail it as soon as possible to

Canadian Intramural Newsletter,  
c/o Rick Turnbull, Dept. of Athletics,  
University of Guelph,  
Guelph, Ontario. N1G 2W1  
(519) 824-4120 Ext. 2220 *Rick*

Hope to see several of you at the Geneva Park Workshop, April 18th to 20th, 1977.

### COMPUTER STATISTICS FOR INTRAMURALS & RECREATION

By Ian McGregor, Ph.D.  
Recreation Department,  
Simon Fraser University.

#### ABSTRACT

A simple and efficient computer method of obtaining vital intramural and recreation statistics has been developed at SFU. The output includes:

- 'real' participation figures.
- a list of participants by name and by activities.
- a list of participants by activity, with team rosters included where applicable, to give a permanent record.
- top intramural and recreation participants by name.

These statistics, when coupled with a user survey to capture unstructured recreation participants, can provide the necessary hard data to support proposals for more facilities and/or personnel for recreation.

a copy of this paper, write to:

Dr. Ian McGregor,  
Department of Recreation,  
Simon Fraser University,  
Burnaby, B.C.  
V5A 1S6

### NATIONAL INTRAMURAL EXECUTIVE COMMITTEE MEETING

In the last issue there was an article about Labatt's involvement with the C.I.A.U. and some preliminary discussions about intramural involvement. Now we are pleased to report that the first step in Labatt's plans to help intramurals in Canada is to provide funds for an intramural executive committee meeting. Representatives from across Canada will be meeting in Toronto on May 4, 5, and 6, 1977 to discuss intramurals in Canada.

Those attending these meetings will be

Alberta Representative and Chairman	Dr. Al Brawn, University of Calgary
B. C. Representative	Dr. Martin Hendy Simon Fraser University
Saskatchewan Representative	Ron New University of Saskatchewan
Ontario Representative	Bob Zeisner University of Western Ontario
New Brunswick Representative	Leroy Washburn St. Thomas University
Nova Scotia Representative	Dave Wilke Department of Education Maritimes Regional Rep.
Intramural Representative to C.I.A.U.	Dave Copp University of Toronto
Intramural Specialist	Peter Hopkins University of Waterloo
Publications	Rick Turnbull Editor Canadian Intramural Newsletter University of Guelph

The main topic to be discussed is the formation of a National Intramural Association in Canada, and how this association can help intramurals in all areas - High Schools, Community Colleges and Universities. Another subject will be the Canadian Intramural Newsletter, and ways to increase its' circulation, and content.

If you have any ideas you would like to see added to the agenda, contact

Dr. Al Brawn,  
Physical Education Building,  
University of Calgary,  
Calgary, Alberta. T2N 1N4  
(403)284-6477

I would like to express my thanks to Susan Kaye, who does all the typing for the Newsletter as well as the mailing - without any financial remuneration. It is greatly appreciated. Thanks Sue! *Rick*

## EIGHTH ANNUAL WESTERN CANADIAN WORKSHOP

for  
INTRAMURAL SPORTS  
May 13-15, 1977  
THE BANFF CENTRE  
Banff, Alberta

### FINAL INFORMATION BULLETIN

This workshop is for everyone who is interested in the area of intramural - recreational sports in elementary, junior and senior high and post-secondary schools. The programme will start Friday evening and conclude early Sunday afternoon.

#### Programme:

1. Dr. Terry "Every Kid Can Win" Orlick of the University of Ottawa on "The Search for Alternatives in Intramurals".
2. Dr. Ian McGregor of Simon Fraser University on "How To Start or Re-Vamp an Intramural Programme".
3. Roger Lindstrom of Lincoln Elementary School in Port Coquitlam, B.C. and Lawrence Vea of Glen Oyre Elementary School in Port Moody, B.C. - elementary school intramural specialists.
4. Barry Kingsley of Rutland Junior-Secondary School in Kelowna, B.C. and Mary Ann Downing of St. Stephen Junior High School in Calgary, Alberta - junior high intramural specialists.
5. Dennis Pettit of Oakridge Senior Secondary in London, Ont. and Gerry Goetz and Marlene Haxton of St. Francis High School in Calgary, Alberta - high school intramural specialists.

Number one and two are general presentations and question periods and three through six are specialist presentations and question period. All speakers are outstanding leaders in our field and have given many workshops, talks and presentations in the area of recreation and intramurals.

Cost: \$25 if received by Friday, April 22, 1977  
\$30 if received by Friday, May 6, 1977  
\$35 for registration after Friday, May 6, 1977

Accommodation & Meals: The cost for a twin-bedded room at the Banff Centre and three meals is \$24.00/day; for a single-bedded room and three meals the cost is \$31.00/day.

If you would like more detailed information, or registration forms for the workshop and accommodation, please write or phone:

Dr. Al Brawn, Faculty of Physical Education,  
The University of Calgary,  
Calgary, Alberta.  
Telephone: 284-6479

### REPORT OF THE MAPLEWOOD INTRAMURAL CLINIC

February 24, 1977

By J. Doug Peacock  
Department Head Woburn C.I.  
Boys' Physical Education

**TOPIC:** Establishing an Intramural Program  
- New Techniques

#### EVALUATION OF YOUR PROGRAM

Before your intramural program can be developed, certain questions must be answered. Please take the time now to answer the following intramural examination of conscience (courtesy, Gino Fracos, University of Windsor) on your present intramural program.

1. Is there Staff and students involvement under your enthusiastic and guiding hand or do you persist in doing it all yourself?
2. To ensure fair competition have you organized the competing units so there is approximate equality in athletic ability?
3. Have you trained through clinics and practical experience the officials of your program? Or can anyone officiate in your program?

4. Do you operate with a multitude of poorly organized activities or do you expend your energies on a few well organized ones?
5. Are you restricting your competitions to Eliminations and Round Robin styles or have you spiced your approach with the use of challenge tournaments, ladders, pyramids, rotations, funnels, record bump boards, spider webs, markers, and ringer tournaments?
6. Is maximum use made of all the available facilities at the various times or does inadequate planning restrict your scope?
7. Does the intramural program have a recognized role in the basic physical education program in your school or is it conveniently neglected due to excess time spent on coaching a team along with other, teaching responsibilities?
8. Are opportunities presented for interscholastic athletes to filter into the intramural area as a coach, official, administrator or publicist or do you completely ignore such a person?
9. Have you generated the much-needed ingenuity, imagination and enthusiasm in organizing and administering the programs or have you treated it as an unwelcome item in your teaching load that was imposed on you?
10. Are you motivated by the concept of "every kid can win" espoused by Terry Orlick or do you place your emphasis on working only with kids who have athletic ability and participate in the interschool program?

I hope most of your responses to the above questions have been yes, however, in all honesty most of us would find it difficult to respond yes to all ten. Intramural programming depends on the successful blending of your effort, time, enthusiasm, creativity and dedication. There is no job as demanding nor as fulfilling as that of Intramural Director. I firmly believe, that the organization and administration of an intramural program is the most difficult task a Physical Educator has in our Secondary School physical activity program.

What makes it so difficult? As coaches and teachers we are too pre-occupied with competition. To become an active intramural person, having fun, playing and being a part of the action has to be enough. The rewards are not so easily observed and obtained as in the interscholastic program. How does one evaluate success in their intramural program?

Peter Hopkins, Intramural Director at the University of Waterloo, suggests some of the following ways to measure your program.

1. Is their participation? The joy in seeing ones 300 students involved in a rotation volleyball tournament is an experience I wish each physical educator could have.
2. Watching a student with low motor ability score a goal in a push-ball game and being treated as a sports hero for the first time in his life is another great experience.
3. Receiving a thank you from a student in the hall after you have "coached" his team in the floor hockey tournament is a pleasant means of evaluation.
4. Watching your B.A.A. members in action trying to make decisions and administrate programs while you slowly withdraw your advice and let them run their own show is very gratifying.

There are too few physical educators who would be satisfied with the above when the same experiences can be duplicated with more intensity and publicity in the interscholastic program. The choice of coaching or intramurals is really still no choice for most physical educators.

#### ORGANIZING A PROGRAM

##### PRACTICAL TECHNIQUES

Here are some ideas that have worked for Peter Hopkins (University of Waterloo) over the last eleven years as an intramural enthusiast, believer, and practitioner.

1. a) Student Involvement
  - the most essential ingredient for success
  - B.A.A./G.A.A. forms a basis but you must go beyond this i.e. Laurentian H.S. (Ottawa), W.A. Porter (see Pat Good)
  - Year V P.E. minor projects can help
  - Give status to the workers - listen to them, communicate, not dictate, back them up, office space, T shirts, regular meetings.

## b) Staff Involvement

- perfect situation - one enthusiast to administer the program
- get assistance per term from the rest of the staff
- hire staff committed to intramurals
- send staff to clinics i.e. Geneva Park, NISC
- exchange ideas with other schools
- co-op students from University of Waterloo

## 2. Officials

- not necessary to have them (see Peter Hopkins, University of Waterloo)
- clinics i.e. Team Handball Federation
- varsity team members
- officials club (minor)

Not enough officials and you need them? Cancel the activity.

## 3. Equalize the Competition

- draft system

1	2	3	
10	9	8	etc.
11	12	13	

- eligibility rules for interschool athletes
- run 3 levels of competition A, B, C, etc.
- split grades for competition
- open grades for recreation

## 4. Organize a Select Program

- do what you can and do it well
- limit the energy of your staff don't burn them out

## 5. Possible Activities

Leagues	Tournaments	Open	Clubs
Ball Hockey	Tennis	Bowling	Ski
Basketball	Badminton	Curling	Weights
Floor Hockey	Paddleball	Bicycle rally	Jogging
Soft Lacrosse	Wrestling	Rope climb	Outing
Team Handball	Gymnastics	Tug of war	Equestrian
Volleyball	Archery	Superstars	Fencing
Soccer	Golf	Decathlon	SCIF defence
Softball	Table tennis		

- 3 levels
- 1) Club - instruction available
  - 2) Recreational - open activity
  - 3) Competitive - league/tournament

## 6. Competitive Programs

### a) Types of Tournaments

- see Pat Mueller: Intramurals - Programming and Instruction  
Ronald Press, 1971, pages 127-181, 4th edition

### b) Playing Regulations

- use time limits rather than score

### c) Facilities

- prime time 3:10 to 4:10 p.m. everyday
- I don't believe periods in the day work

## 7. Coaching or Intramurals

- philosophical arguments are all in favour of intramurals (participation)
- an elitist program is hard to justify without the base of intramurals. Money spent on our interschool program will stop without intramurals.

## 8. Novel Ideas

- creativity - programs that work
- examples

ball hockey  
inner tube water polo  
superstars  
hot shot basketball  
bicycle racing - slowest time  
beat the machine (universal)  
goodminton  
indoor football  
golfatron

fitness awards  
rope climbing (1 1/2 miles/year)  
pushball  
twinball  
tug of war  
team handball  
flickerball  
sacket

## 9. Awards

- do emphasis - play for fun
- T shirts - advertise your program and school

## INTRAMURAL SPORT MANAGER

By Louis A. Fabian,  
Assistant Intramural Director,  
University of Pittsburg.

Intramurals across the country are growing in participation and program offerings. To accommodate growing pains experienced through expansion, Intramural Directors are seeking ways to successfully keep abreast of the participation boom. One such method is that of the Intramural Sport Manager. The Intramural Sport Manager is an individual responsible, wholly or in part, for many aspects of a single sport or activity within the Intramural Program. The author is a proponent of Management by Sport.

The purpose of the study reported in this article was to gather information pertaining to the role of the "Intramural Sport Manager." Surveys were mailed to 419 colleges and universities on October 22, 1976. As of January 7, 1977, 159 institutions had responded. The 37% return supplied an adequate number of responses.

An Intramural Sport Manager model is employed either wholly or in part at 64.5% (102) of the responding institutions. These institutions reported an average employment of eight Intramural Sport Managers.

All of the 102 institutions reported employing undergraduate students as Intramural Sport Managers, while 87 institutions reported the Intramural Director also shared this role. Fifty-five (55) institutions reported using graduate assistants, while 45 schools used assistant IM Directors in the role of Intramural Sport Manager.

Examination of individual responsibilities within Intramural Programs occurring nationally, indicate administrative structures vary with the specific situation at hand. The first trend may best be described as a horizontal administrative structure; a structure whereby all duties of expertise or outside communication are handled primarily by the Intramural Director for all intramural sports. These duties include: publicity, scheduling of entries, training of officials, protests and eligibility, and pictures or awards. Conversely, the second trend is labeled vertical administrative structure. Administration of this structure is primarily performed by undergraduate student assistants and includes duties specific to one sport. The survey pinpoints the emphasis on first hand observation and control of activity sites, communicative link between participants and Intramural Director, scheduling and evaluation of officials, care of equipment, and records of results and points.

Over 50% of the institutions responding indicated undergraduate student assistants can expect to earn an average of \$165 per sport or, while operating under a multiple sport contract, \$320 per semester. Hourly rates varied from \$2.55 to \$3.00 per hour. Students at one university earned up to four credit hours for work within Intramurals. Graduate assistants earned an average of \$1,090 per semester for working in Intramurals.

In summary, employing undergraduate students as Intramural Sport Managers, coupled with a two-way administrative structure, tends to free Intramural Directors of voluminous tasks, and serves as a funnel for feedback from participants and officials. The Intramural Director may now evaluate the program without the bias of direct contact with Intramural experiences. In addition, income from employ within Intramurals appears to be an excellent source of financial aid for students and could be pictured as work aid for student athletes. Lastly, the Intramural experience has grown to a point of impact whereby physical educators and administrators alike are beginning to understand its position in the spectrum of physical activity.

### CONFERENCES

1. NIRSA Conference — April 14–18, 1977 — Boston, MA.
2. Intramural Director's Workshop IX — April 18–20, 1977 — Geneva Park, Orillia, Ontario.
3. Quebec Director's Conference  
3e Colloque Sur Les Programmes Sportifs Les 3, 4 et 5 Mai, 1977 — a l'auberge Le Rouet a Val David
4. Western Directors Workshop for Intramural Sports — May 13–15, 1977 — at the Banff Centre, Banff, Alberta.

### INFORMATION REQUEST

Don Pfeifer, Head of Physical Education Department at Composite Junior High School, 270 Gladstone Avenue S., Yorkton, Saskatchewan, is interested in new ideas, games, etc. for the junior high school level. If you can help Don please send him any information to the above address.

### CORRECTION

In the last issue we reported that the membership fee for the National Intramural-Recreational Sports Association (NIRSA) was \$10.00 per year. Will Holsberry, the Executive Secretary, informs us that the membership cost was increased at last years' conference to \$25.00 for professional membership. You can apply by contacting

Will Holsberry, Executive Secretary,  
Dixon Recreation Centre,  
Oregon State University,  
Corvallis, Oregon. 97331

### 1976–1977 National Intramural-Recreational Sports Directory of Colleges and Universities

Copies are still available for the No. 1 reference publication for College intramural-recreational sports programs. It is the most complete up-to-date directory relating to the rapidly expanding field of campus intramural-recreational sports. The reference book covers all campus intramural-recreational sports programs at the senior and junior colleges in the United States and Canada. The cost is \$6.00 per Directory.

Limited copies will be available at the Convention in Boston. For further information contact Lou Marciani, Director Intramural-Recreational Sports, University of Southern Mississippi, Box 313 Southern Station, Hattiesburg, MS 39401.

### 3e COLLOQUE SUR LES PROGRAMMES SPORTIFS

LES 3, 4 ET 5 MAI 1977

#### Renseignements Generaux

##### Date et lieu:

- Le colloque se deroulera les 3, 4 et 5 mai 77, à l'auberge Le Rouet, située à Val David à quelques 50 milles de Montréal (voir trajet).
- L'accueil (enregistrement) se fera le mardi 3 mai à compter de 16h00 (Notez qu'il n'y a pas de souper de servi à l'Auberge, le mardi soir.) — Cocktail à 21h.
- Les frais de participation s'élèvent a \$60.00 couvrant les dépenses d'organisation et les frais de séjour à l'auberge.

##### Inscription:

- La date limite pour les inscriptions est le 22 avril 1977.
- Le nombre d'inscriptions est limité à 60.
- Les frais d'inscription sont payables en totalité lors de l'envoi de la demande d'inscription.

##### Conditions de séjour:

- Toutes les chambres sont doubles. Les douches et les toilettes sont communes. Les serviettes de toilette ne sont pas fournies.
- On prendra note que l'auberge n'est pas licenciée.

##### Programme:

- Le programme et l'horaire detaille du colloque seront envoyés à toutes les personnes inscrites.
- Pour l'activité physique au programme, l'équipement sera prêté.
- Certains ateliers pourront se dérouler en anglais.

N.B.: Tous ceux qui possèdent de la documentation (posters, livrets, feuillets) sur leur programme sont priés de l'apporter.

3e Colloque Sur Les Programmes Sportifs,  
Service des Sports,  
Université de Montreal,  
C.P. 6128  
Montréal, P.Q., H3C 3J7

### IN THE ALTOGETHER

There's a controversy at the University of Victoria, B.C., about nude recreational swimming. The athletics committee has approved such decadence "in principle" but it won't go into effect until possible legal implications can be worked out. The organizer of a petition in favour of nude swimming, who says he finds a suit uncomfortable, has suggested that the physical activities building pool isn't busy in the late evening and so there shouldn't be a problem with voyeurs.

