

CANADIAN INTRAMURAL RECREATION ASSOCIATION
ASSOCIATION CANADIENNE DE LOISIRS-INTRAMUROS

Bulletin

VOLUME 5

SEPTEMBER 1979

NUMBER 1

"Special Events" Are Special

Alan Murdoch, Iowa State University

What is a "Special Event?" Why would one want to hold a "Special Event?" When is the best time to hold a "Special Event?" Where should one conduct a "Special Event?" Who could get involved or participate in a "Special Event?" According to the Webster Collegiate Dictionary an **event** is defined as "the fact of taking place or occurring; that which comes, arrives or happens; consequence; any of the contests in a series or program of sports; that which occupies a restricted portion of four dimensional space time." Special is defined as "distinguished by some unusual quality; having an individual character or trait; of or pertaining to a species; particularly favored or loved; additional to the regular; designed or selected for a particular purpose; confined to a definite field of action." Placing these two definitions together, readily gives a working definition of the "What," "Why," "When," "Where," and "Who" of a "Special Event."

Recreational "Special Events" are an avenue — service program of offering an event (i.e. occurrence, incident, circumstance) which has special (i.e. particular, individual, specific, concrete) characteristics. The "Special Event" avenue provides opportunities for participation in, or observation of a wide range of recreational activity.

"Special Events" are Special at Iowa State University. I shall introduce you to six of these particular happenings and the particular details which differentiate them from a regular intramural/recreational activity.

The Great Canoe Race

The race is held during the first Saturday of fall quarter. It is open to men, women, and co-rec entries. The race is held on the Des Moines River near Boone, covering approximately 5 miles and requiring 1 to 1½ hours paddling. Canoes, paddles, lifejackets and a picnic after the race are provided for all participants. The Vice President for Student Affairs acts as the official starter. The event provides a positive kickoff to all recreational events for the school year.

Turkey Trot

A cross country race is held on the I.S.U. Golf Course. There are six divisions: Open-everyone eligible, men's-open to men who were not college letter winners in track or cross country; women's-open to women who were not college letter winners in track or cross country; co-rec; age 30-40; over age 40. Teams are composed of 6 people (5 for over 40); co-rec should have 3 men and 3 women. Men will run a 1.7 mile course and women will run a 1.3 mile course. Two practice sessions are required so that all participants are familiar with the course. One turkey will be given to the first place team in Open, Women's, Co-Rec, 30-40 and over 40. A turkey will be given to the first three teams in Men's. The Head of Poultry Science assists with the traditional presentation of live turkeys for publicity. Certificates are awarded which are redeemable for a

ready for the oven turkey. The event occurs prior to Thanksgiving.

Winter Sports Daze

A variety of activities including sled races, showshoeing, speed skating, barrel jumping, cross country and downhill skiing, snow softball and football, snow sculpture and lots of fun is offered during "Winter Sports Daze." University administrators are involved as judges and participants. Awards are made between periods of a University Hockey Game.

Battle of Beef

A team tug-of-war is perennially held prior to Veishea. There are men's, women's and co-rec teams of two weight divisions: 180 lb. and under and over 180 lb. for men and 120 lb. and under and over 120 lb. for women. No cleated or spiked shoes are allowed. Gloves are permitted and advised. The winning team will be awarded eight 16-oz. steaks. The second place team will receive five pounds of hamburger. These will be served, Bar-B-Que style by the staff, along with salad, texas toast, and potatoes, at a feed at Brookside Park.

Cyclone 500

The Cyclone 500 is a 50-mile bicycle race around central campus. Teams consist of 8 men, 8 women or co-rec teams of 4 men and 4 women. Each person must peddle at least 5 laps. Rider exchanges are made at pit areas assigned to each team. All extra bicycles and parts must be kept in this pit area. A large travelling trophy and individual T-shirts are awarded on the steps of Beardshear at the completion of the race. The event is held during the last spring on a Saturday morning.

Hot Air Balloon Rally

The Hot Air Balloon Rally is sanctioned by the National Federation and well attended by balloonist throughout the Midwest. Two tasks are presented requiring proficient demonstration of inflation, ascent, full flight, descent and landing. T-shirts, pins, and trophies are awarded. Happy Landing certificates are presented to farmers whose property may be landed upon. This event is important to flyers qualifying for the Nationals and is extremely unique to the spectator and photographer. A T.V. meteorologist serves as weather forecaster and event celebrity.

Conclusion

These are only a few of the "Special Events" at Iowa State and these ideas hopefully will provide a smattering of the potential that exists. "Special Events are Special" and most definitely fill a need in our rapidly growing Leisure Service and Recreational offerings. Take a chance. See how **Special Events** can be **Special** on your campus.

Did You Remember To
Renew Your CIRA Membership?

C.I.R.A. BOARD MEMBERS DUTIES AND ADDRESSES

President:

Peter Hopkins — Phone: Home-519-884-3882, Bus.-519-885-1211, Ext. 3532.
Athletic Department, University of Waterloo, Waterloo, Ontario, N2L 3G1.

Responsible for financial committee, prepare 3 year budget proposal for Labatts, corporate support (Coyle and Greer), agenda for Board meetings, investigate C.I.R.A. income tax situation, public relations and liaison with national associations, determine alternate sources of funding, Steering Committee - Fitness and Recreation, list of associations to correspond with.

Secretary-Treasurer:

Dr. Dave Wilkie — Phone: Bus.-902-543-7811.
Head Specialist Dept., Park View Education Center, 1485 King Street, Bridgewater, N.S., B4V 1C4.

Member of the Financial Committee, develop guidelines for the dispersement of monies for Committee chairpersons and for regional development.

Regional Directors: B.C.

Dr. Ian McGregor — Phone: Home-604-291-8939, Bus.-604-291-4103.

Director of Recreation, Simon Fraser University, Burnaby, B.C., V5A 1S6.

Consolidate and update C.I.R.A. by laws, arrange transfer of legal office, responsible for Research Committee, assist Marg Terrett in organizing all committees of C.I.R.A.

Western:

Diane Stinson — Phone: Home-403-249-6969, Bus.-403-246-6341.

2070 - 25th Street, S.W., Calgary, Alberta, T3E 1X2
Responsible for Conference Committee for C.I.R.A. II.

Ontario:

Doug Amey — Phone: Home-415-648-3087, Bus.-416-389-4461.

Dept. of Rec and Athletics, Mohawk College, 135 Fennell Avenue West, Hamilton, Ontario, L8N 3T2.

Responsible for Historical Committee.

Quebec:

Michel Duguay — Phone: Home-514-435-9818, Bus.-514-343-6584.

Directeur, Service des Sports, Université de Montréal, C.P. 6128, Montréal, Québec, H3C 3J7.

Responsible for Resources Committee (develop a plan for the procurement, cataloguing, reproduction, storing and distribution of C.I.R.A. resources), host for next C.I.R.A. Board meeting, investigate with Rich and Peter governmental support for bilingualizing C.I.R.A., originate planning for C.I.R.A. III.

SUBMISSION OF ARTICLES

- The CIRA Bulletin is published monthly from September to April on the 15th of each month.
- Articles should be three to four pages, 8 1/2" x 11" typewritten sheets double spaced and it would be appreciated if both the English and French translations were included.
- Three (3) copies of articles should be received by the 15th of the preceding month for inclusion in the Bulletin.
- Send the material to Rick Turnbull, Editor CIRA Bulletin, Department of Physical Recreation and Athletics, Mount Allison University, Sackville, N.B. EOA 3C0

Pour la soumission d'articles

- La revue du CIRA est publiée le 15 de chaque mois, de Septembre à Avril.
- La longueur des articles doit être de 3 à 4 pages et doivent être tapés à la machine à écrire et ce à double interligne sur des feuilles de 8 1/2 x 11". Nous apprécierions beaucoup si les versions Françaises et Anglaises étaient incluses.
- Trois (3) copies de l'article devraient être reçues pour le 15 du mois précédent la parution de l'article dans le bulletin.
- Envoyez les articles à Rick Turnbull, Editeur de la revue CIRA, Dept. of Physical Recreation and Athletics, Mount Allison University, Sackville, N.B. EOA 3C0

Atlantic:

Nila Ipson — Phone: Home-902-435-0886, Bus.-902-424-3372.
Program Co-ordinator, Division of Athletic and Rec., Dalhousie University, Halifax, N.S., B3J 3J5.

Prepare new membership brochure, complete and circulate Directory and update of new members, liaison with C.I.A.U. plan for membership blitz, prepare time-line chart for Membership Committee, responsible for Membership Committee.

Member at Large — University and Community Colleges:

Jean Kennedy — Phone: Home-416-769-4030, Bus.-416-595-5090.

Ryerson Polytechnical, 46 Langmuir Crescent, Toronto, Ontario, M6S 2A7.

Responsible for Nominating Committee, possibly work with Michel on Resource plan, work with Nila to secure more members from universities and colleges.

Member at Large — High School and Elementary:

Warren Campbell — Phone: Home-416-266-0012, Bus.-416-438-7517.

Scarboro Board of Ed., Education Officer, Ministry of Education, 16th Floor Mowat Block, Queen's Park, Toronto, Ontario.

Responsible for Nominating Committee, responsible for preparing support materials for nominating and elections of C.I.R.A. MAL's, responsible for drafting C.I.R.A. organizational chart according to By Laws, determine a plan of involving the elementary area in C.I.R.A. (Need to work with Membership and Resources persons), liaison with Participation.

Member at Large — (without portfolio):

Marg Terrett — Phone: Home-613-225-6050, Bus.-613-820-1820.

70 Hilliard Avenue, Ottawa, Ontario, K2E 6C1.

Responsible for Student Committee, organize and co-ordinate the establishment of C.I.R.A. committee structure, develop a speakers list for C.I.R.A.

Publication Chairman:

Rick Turnbull — Phone: Home-506-536-1303, Bus.-506-536-2040.

Supervisor of Intramurals and Recreation, Dept. of P.E., Mount Allison University, Sackville, N.B., EOA 3C0.

Editor of the Bulletin, to be responsible for reproduction and dispersement of C.I.R.A. materials: logo, membership, letterhead, directory, etc.

CANADIAN INTRAMURAL RECREATION ASSOCIATION

President

Peter Hopkins,
Director of Men's
Intramurals,
Department of Athletics,
University of Waterloo,
Waterloo, Ontario.
N2L 3G1

Phone: (519) 885-1211 —
Ext. 3532

Membership Chairperson

Ms. Nila Ipson,
Program Coordinator,
Division of Athletics
and Recreation,
Dalhousie University,
Halifax, Nova Scotia.
B3J 3J5

Phone: (902) 424-3372

Membership Dues

Membership Year	May 1 - April 30
Professional	\$ 10.00
Library	10.00
Student	5.00
Lifetime Membership	100.00

RECENT C.I.R.A. DEVELOPMENTS

1. Labatts Canada have sent Dave Wilkie the 1st installment of their grant (\$8,000 of \$16,000).
2. Coyle and Greer have agreed to a \$1200 advertisement fee for the Bulletin for 1979-80.
3. Our C.I.R.A. legal office has been transferred from Lawrence and Shaw of B.C. to Judson Whiteside, Suite 1180, 21 King Street East, Toronto, Ontario M5C 1A9.
4. Thanks to Al Brawn for completing the C.I.R.A. opinionnaire. It is an excellent indicator of our members thoughts as to C.I.R.A.'s future directions. If you haven't received a copy of it, write me. Everyone should read it.
5. Thanks to Nila, Rick and Dave for completing our first C.I.R.A. directory. I hope that the geography of Canada is not set back too far.
6. Our new membership forms are available from Nila. Everyone should have these brochures on hand for distribution.
7. C.I.R.A. has been invited to participate in the Steering Committee "to initiate discussion on the paper Toward a National Policy of Fitness and Recreation in Canada." I have agreed to participate as a liaison person for C.I.R.A.
8. Thanks to Emil for revising and updating our operating code.

REGIONAL DEVELOPMENTS

1. **B.C.:** B.C.I.R.A. have designed their new letterhead and logo and published their first Regional newsletter (see enclosed).
 - excellent idea for other regions.
 - 6th Annual Conference is being held October 12, 13, 14, 1979 at Island Hall, Parkville, B.C.
 - super proceedings were received from the 5th Annual S.F.U. Conference.
2. **Western:** A very successful 10th Anniversary Western Directors Conference was held at the Banff Centre. One hundred and fifty-three delegates shared "quality program" ideas.
 - proceedings will be out by the end of June, according to Diane Stinson.
 - A C.I.R.A. II Committee has already met to plan the second national conference. Dates: May 16-19, 1980, Banff Center. Rob Stinson is chairperson of the Committee.
 - Ian Craigon and Emil Hrenchuk have organized numerous Intramural presentation during the C.A.H.P.E.R. Conference June 27-30, 1979 in Winnipeg. Our display board and membership brochures will be made available to all delegates. The President will arrange a social meeting for interested Intramuralists.
3. **Ontario:** Numerous conferences have been successfully staged in the last two months.
 - a) 1st Waterloo County Board of Education Intramural Conference had over 80 delegates representing students and staff from each high school.
 - b) 1st Northern Ontario Student Intramural Conference hosted by Central Algoma S.S. had over 70 delegates. Plans are underway for their next year's conference. Thanks to John Catterick.
 - c) Etobicoke Board of Education held their 1st Intramural presentation to their combined P.E. staff. Over 70 people were involved. Thanks to Pam Lawton.
 - d) The Ontario Committee met at Ryerson to prepare for next year's Geneva Park conference. Conference dates are April 28-30, 1980. Doug Amey is working out details with Lube Koval of Ontario Labatts as their involvement.
4. **Quebec:** Michel reports that their 5th Colloque was very successful as 70 delegates attended. Some people had to be turned away. Plans are underway to determine the most appropriate medium for the expression and exchange of Intramural ideas in Quebec.
5. **Atlantic:** Rick made C.I.R.A. information available to delegates at a recent New Brunswick P.E. Teachings meeting. He is trying to get on their agenda for the fall. Generally, over 2000 interested delegates have attended

Intramural sessions across Canada in the last year. The quality and quantity of presenters is very gratifying. Also, the materials reproduced in the various conference proceedings are extremely good and excellent resources that should be better utilized.

FUTURE DEVELOPMENTS

Year III has been tagged the "Year of Involvement" We have set objectives for us to follow. It is important that we involve the membership in C.I.R.A. This can be accomplished in numerous ways.

1. Committee involvement.
2. Nominations.
3. Elections — mail ballot — nationally MAL (selecting their Regional Director).
4. Opinionnaires.
5. Regional Committees.
6. Members conduct workshops in their area.
7. Members write articles for the Bulletin.
8. Having members solicit new members.
9. Having members conducting research.
10. Having members utilize our resource centre either by contribution or
11. Members implementing Intramural management course for their educational level.

ONTARIO POLICE COLLEGE RACQUETBALL

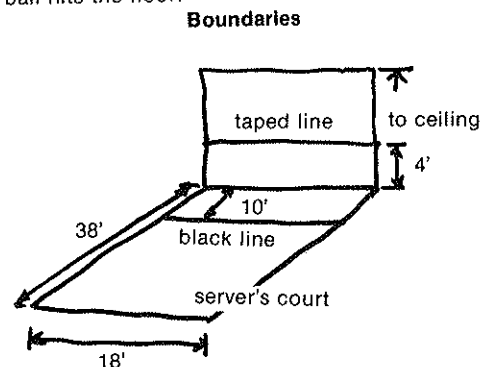
By
Kathy Smith
Kerry Jarvis

Due to the interest in racquet sports at the Ontario Police College, we came up with a game called O.P.C. Racquetball. The game is excellent in the winter months for practising tennis strokes, for a good physical workout, as well as being a lot of fun. The equipment required is a gym wall, two tennis racquets and a tennis ball. The courts were layed out in the gym with masking tape. The game requires two players to play.

To orientate people towards the game, we ran a challenge ladder for some playing experience. Due to great interest, we decided to run a tournament a month later. We used the challenge ladder to seed out the top players when scheduling games. A trophy was designed for the winner of the tournament. Not only is the trophy unique, but it is more meaningful to relate to. Designing your own trophies greatly reduces the cost of having to buy new ones.

OPC RACQUETBALL RULES

1. Each Game is played up to 21 points and the player must win by 2 points.
2. Rally for service. Ball must hit wall 3 times to be in play. Winner of rally receives first serve.
3. Server gets one serve which must cross over black line and stay in bounds to count as a good serve.
4. Server can only score points. A point occurs if returner hits ball out of bounds, hits tape across the wall, misses a return, or ball hits wall below the tape.
5. A serve is lost if any of the above faults are committed by the server.
6. Server serves from right hand corner of court behind the taped line.
7. Ball is counted as out if it hits tape across wall.
8. Ball is allowed one bounce only, however it can be hit in the air before the ball hits the floor.
- 9.



CIRA CONFERENCE PROCEEDINGS

A limited number of copies of the proceedings from the C.I.R.A. Conference, held at Geneva Park in April, are still available at a cost of ten dollars. Because extensive summaries of all workshop sessions given at the conference are printed in the proceedings, it is an excellent resource book on a multitude of topics related to Intramurals. Libraries or individuals wishing to purchase this book should direct their inquiries to:

Mr. Sandy Henderson
Rm 101, Hart House
University of Toronto
Toronto, Ontario.

12th ANNUAL ONTARIO INTRAMURAL DIRECTORS CONFERENCE

Mark April 28th, 29th and 30th on your calendar right now, because these are the dates for the twelfth annual Ontario Intramural Director's Conference. Under the capable direction of conference chairperson Jean Kennedy (Ryerson), the Ontario Intramural Recreation Association Committee is already hard at work planning what we hope will be the best conference yet.

Reflecting this year's theme "Input 80" the conference committee will be attempting to involve a great number of intramural people, from public school right through university, in presenting seminars and conducting workshops and discussion groups.

As plans for the conference are finalized more detailed information and application forms will be available in the Intramural Bulletin.

6th ANNUAL INTRAMURALS CONFERENCE

PLAN NOW TO ATTEND:

the 6th Annual B.C. Intramurals Conference, Friday evening to Sunday noon, October 12-14, 1979, at the beautiful Island Hall Resort in Parksville.

DYNAMIC SPEAKERS include:

Warren Campbell, P.E. Supervisor, Scarborough, Ontario.
Phil Carlton, Board of Education, Calgary, Alberta.
Dr. Martin Collis, Physical Education Dept., University of Victoria.

EXCELLENT WORKSHOPS and activity sessions for improving intramural programs in elementary, secondary and post-secondary schools. Highlights include:

- methods of increasing your intramural participation
- tips on establishing programs in small schools
- how to increase school spirit through intramurals
- lots of new game ideas
- and much, much more!!

THE \$20.00 REGISTRATION FEE ALSO INCLUDES:

- Friday night wine and cheese social
- Saturday night banquet and dance
- Sunday farewell lunch (other meals not included)
- transportation from the Nanaimo ferry terminal to Island Hall and back again.

ACCOMMODATION AT THE ISLAND HALL RESORT will be available at the following nightly rates: Single - \$22; Double \$17; Triple - \$13.

TEACHERS: Send your in-service forms to your Teachers Association today!

For more complete details

Joe Van Snellenberg,
Recreation Department,
Simon Fraser University,
Burnaby, B.C. V5A 1S6
291-4824



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