

NEWSLETTER

Vol. 2. No.3 April, 1982

Update by Regional Director

Jean
Kennedy

1. Ontario now has **357** members. This is up **50%** from last year and Ontario now has over **100** new members this year. Welcome! Congratulations are in order to our consultants and our membership chairpeople Bob Boucher and Meg Innes.

Ontario has just completed two very successful Conferences. On February 19th and 20th, Mohawk College hosted the Annual Post-Secondary Student Conference called "Unpack Your Bags and Join Us".

Joe Marko and his student chairperson Kerrie Webster are to be congratulated. Guest speaker, - Miss Susan Long from Sick Children's Hospital who discussed Injuries and Sport Medicine for the average athlete and Key note Speaker Warren Campbell, well known Scarborough Physical Education Consultant, added greatly to the conference.

Next year the Conference will be hosted

by University of Toronto's Sharon Bradley.

2. York University and C.W. Jeffries Secondary School co-hosted a secondary school conference on March 5 - 6. Congratulations for a job well done go to the Chairman, York University student Bobbie Cote. Over 135 students attended from across the province and all agreed with the conference theme "Actions Speak Louder Than Words".

Stu Robbins, Physical Education and Athletics Chairman at York was the keynote Speaker. Bryce Taylor's session on Indian Dance was televised and will appear on TV in the fall.

3. As regional director I have met with Doug Ferguson of Ontario Federation Parks and Recreation and since OIRA meets all the requirements of membership, we will consider joining. This will be discussed at the Annual General Meeting. I am also awaiting a

reply to my letter from the Assistant Deputy Minister, Robert Secord, in regard to provincial assistance.

4. I have completed the OIRA speakers list and it will be available to all consultants by late April. I was somewhat disappointed in the response to my letter to past speakers allowing their name to appear again.

5. Please use the Travelling Resource Kit. There are so many books that can help your program. Perhaps you could book them for Physical Education Head's Meetings, rather than label it intramurals.

6. Our Director's Conference is imminent and at this time I would like to give much credit to the work that our Conference Committee has done to make this conference even more exciting and interesting than past conferences - as if that could be possible!

7. Labatt's is again providing us with the majority of support items for the conference and my liaison with Ontario Promotion co-ordinator Lube Koval has been excellent.

Clubs as an Alternative to All-Star Teams at the Inter-School Level

Dave Schlei
Queensmount Sr. Public School
Kitchener, Ontario

RATIONALE

If we are concerned about the physical, emotional and social development of all our students, there are many who are missing an important part of that growth - competing for a school team against other schools. There are many who were "cut" from teams in junior school and will never make a team in high school who want that inter-school athletic experience but because of physical ability and/or skill level are always denied it. We felt it was im-

portant as physical educators to give every student who wanted to compete on a school team the opportunity to do so. We tried it for one year and then evaluated pros and cons.

PHILOSOPHY

Clubs were organized and run for each sport in order to meet the following objectives:

- provide an equal opportunity for any interested student to play a sport for a school team at the inter-school level.
- provide more instruction time to improve skill levels - both individual and team.

- provide an opportunity to play exhibition games and tournaments against other schools.
- to get as many students as are interested involved at a higher level of competition and skill.

IMPLEMENTATION

Clubs were organized for all of our inter-school sports. Sign-up lists were posted and filled by all interested students. Scheduled practice times were posted and students were divided into workable groups. Practice sessions were run depending on needs and facilities - 1) co-ed, 2) streamed - top athletes in one group etc., 3) homo-

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Election of OIRA Officers

OIRA PRESIDENT/CIRA REGIONAL DIRECTOR
VICE PRESIDENT
SECRETARY TREASURER
MEMBER AT LARGE

The above positions are to be filled according to our new by-laws, tentatively accepted at our April '81 Annual

General Meeting and to be finalized by April '82. The positions are to be held for a period of 2 years.

Candidates who have already expressed an interest in running for these positions include:

OIRA PRESIDENT/CIRA REGIONAL DIRECTOR - Jean Kennedy
VICE PRESIDENT - Meg Innes
SECRETARY TREASURER - Fred Wannamaker
MEMBER AT LARGE - Bob Boucher

If there is anyone else who is interested in running for one of the above positions, they must fill out the enclosed form and send it to Brian Cressman by Thursday, April 21, 4 p.m. 1982.

Job descriptions of each position are in the by-laws and are available from Jean Kennedy.

The elections for this year only, will take place at the Annual General Meeting.

A brief resume of the nominees so far is included below:

Jean Kennedy B.P.H.E., M.Sc.

- Regional Director 1980 - 82
- M.A.L. for CIRA 1979 - 80
- Chair Man for 1980
- Chairman for 1980
- Ontario Conference Input 80
- Member of OIRA - 12 years - lifetime member
- Originated OIRA NEWSLETTER
- Originated 17 area Intramural Consultant programs

— Originated the "Travelling Book Resource Centre" for OIRA and CIRA
— Presently working at developing liaison with Ontario Federation of Parks and Recreation and Provincial Government

Meg Innes

- 1976 - present
Assistant Co-Ordinator of Recreation at York University
- 1980 - present
Interim Executive Member, Ontario Intramural Recreation Association
- 1981 - present
Regional Intramural Consultant Director, Ontario Intramural Recreation Association
- 1981 - 82
Conference Chairperson, Ontario Intramural Director's Conference
- 1980 - 81
Co-founder, Ontario Intramural Recreation Association
- 1979 - 82
Chairperson, Curriculum Committee, Canadian Intramural Recreation Association.

Fred Wannamaker

Fred has been director of Intramurals at Sheridan College for the past eight years. In addition to his duties at Sheridan, Fred has been an active member of OIRA since 1976. For the past three years Fred has served as a member of the OIRA conference committee. The past two years his duties have included those of treasurer as well.

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genous groups, 4) by grade level. Clubs ran for five to eight weeks depending on the sport. There were variations in club organization - a) clubs only for eight weeks, b) clubs run for 6 weeks and 2 weeks enrichment for gifted athletes, c) clubs for 4 weeks and 4 weeks enrichment.

Competition methods also varied from school to school - 1) club teams and play club vs club, 2) exhibitions with other schools using club teams, 3) scheduled games, 4) jamborees with no scheduled games during season, 5) tournament play and exhibition games.

EVALUATION

Advantages

- increased student involvement
- increased skill level and fitness level of more students.
- gives more students greater self worth and sense of belonging.
- interest is more important than ability level.
- learning more important than winning.
- avoids "elitism" vs "anti-elitism" feeling in whole school.

Disadvantages

- enrichment athletes don't get time and concentrated coaching as in the past.
- overall competition level of a game is lower.
- possible fewer games for top athletes.

OVERALL CONCLUSION

As physical educators at the elementary school level we should be less concerned with producing athletes and more concerned with producing people who will participate because they enjoy the activity and will continue to do so at a recreational level. The club concept is one method of achieving this and it worked successfully at our school. Despite the disadvantage to the gifted athlete this experiment was a success.

Some Helpful Hints and Ideas for the Organization of a Penny Carnival

Dave Lane
Lincoln Avenue Public School, Cambridge

Although there are many different ideas and suggestions on how to set-up and organize a Penny Carnival, I have attempted to outline some key considerations when you and your students are planning to run a Penny Carnival. Also included are some suggestions for activities.

1. PURPOSE OF THE PENNY CARNIVAL:
 - a) fund raising - Red Cross, Cancer Society, Athletic Association, etc.
 - b) activity time or part of intramural program
 - c) fun night
 - d) special occasion
2. FACILITY:
 - a) school gymnasium
 - b) home rooms
 - c) cafeteria
 - d) halls and foyers
 - e) auditorium
 - f) outdoors
3. ORGANIZERS:
 - a) penny carnival committee
 - b) students' council
 - c) athletic association

- d) teacher run activities
- e) each home form responsible for one or two booths
4. SET-UP:
 - a) allot and map out available space according to number of activities required
 - b) determine guidelines for the carnival:
 - i) types of activities
 - ii) expectations
 - iii) set-up and take-down time lines
 - iv) advertising
 - v) cost of activity
 - vi) pay-off or prizes
 - vii) signs
 - viii) materials for booth
 - ix) number of activities
 - x) teacher or student responsible for each activity
5. BOOTH MATERIALS:
 - a) tables, chairs, benches
 - b) streamer paper and cones
 - c) signs (bristol board)
 - d) activity materials i.e. balloons and darts

6. GENERAL SUGGESTIONS:

- a) be sure to have a central organizer or committee who oversees entire carnival, also, depending on size of the carnival, a treasurer
- b) a money changer in a central location - lots of pennies
- c) lots of colourful signs
- d) have students running the booths dressed up according to a theme for your carnival:
 - i) hobo penny carnival
 - ii) circus days
 - iii) animal day

- iv) spirit day
- v) Walt Disney Special
- vi) 50's time
- vii) colour day

- e) if the carnival is for fund raising, have a realistic goal and be sure to announce to the student body the total proceeds of the carnival and the charity the funds are being sent to.
- f) inform your custodian - time, date, place, special needs (garbage containers, chairs, etc.)

- g) inform parents
- h) get as many staff involved as possible
- i) check with local businesses for prize donations
- j) have background music playing
- k) have an announcer who calls out periodic draw prize numbers and who also challenges participants to try different activities
- l) brainstorm with your students - you'll get some super ideas for your carnival

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Women's Intramural Sports - How to Prevent Defaults or How to Motivate Women to Stay Involved

Pat Kitchen

University of Western Ontario

Presented at the 13th Annual Director's Conference

In the Women's Intramural Sports Program at The University of Western Ontario for the year 1979 - 80, there were 1700 female participants in eleven sports; an increase of 200 over the previous year. The program has realized a significant increase again this year (1980 - 81); for example, the women's volleyball league has expanded from 56 teams (79 - 80) to 68 teams. These statistics have indicated that many women are getting involved in the program, but unfortunately, default statistics have suggested that several of these women are losing interest as the season progresses. The problem of defaults has become a major concern of the Women's Intramural Program at Western.

In 1976, J.W. Morris of the University of Virginia addressed this same question regarding defaults, by conducting a survey of captains of teams which had defaulted. The captains were asked "Why did you forfeit?" and the following responses were recorded:

- 1) "Forgot to check schedule"
- 2) "Players had classes"
- 3) "Couldn't get enough players"
- 4) "Read schedule wrong"
- 5) "Forgot there was a game"
- 6) "Was last game for us, we couldn't make playoffs, no interest"
- 7) "Not enough interest"
- 8) "Went to wrong field"
- 9) "Didn't pick up schedule until after game date"

How often have we heard of these same reasons given for defaults in our programs? As a result of this survey, Morris, (1980) implemented several improvements; such as, better communication by distributing schedules ten days prior to the first game, a forfeit fee, an entry fee and re-entry fees. These techniques "demonstrated a drop in forfeits (at the University of Virginia) from a high of 27% to a low of 12%".

In addition to investigating the general problem of defaults, the more specific issue of defaults in **women's** intramural sports should be considered. R.G. Wyckman and I. McGregor (1980) researched the recreation needs of female students, faculty and staff at Simon Fraser University in 1979 and drew the following conclusions about this population:

1. The emphasis in female recreation activities should be on fun and involvement rather than on competition.
2. Participation among females may be encouraged by offering programs at different levels of competition and skill.
3. Allowing more time to change after recreation activities may result in increased participation.
4. Grooming aids may encourage female participation in recreation.
5. Locker room and shower privacy can be an important encouragement to female participation, especially for non-participants.
6. Females with a history of high school recreation participation are the best candidates for university recreation programs.

An application of these ideas to intramural programs would be valuable in encouraging women to participate in intramurals and also in motivating them to keep involved.

At the University of Western Ontario, several methods have been employed in an effort to improve the quality of participation of women in the intramural program. In the basketball and volleyball leagues, for example, the women can choose their divisions; recreational or competitive, and their playing night; Monday, Tuesday, Wednesday or Thursday. In the individual racquet sports, as well, the participants can choose from three skill-related divisions; novice, intermediate or ad-

vanced. All schedules are posted a week in advance and are available for distribution from the intramural office. A team can reschedule a game if the convenors are given forty-eight hours notice. In the event that the game can't be rescheduled, the team will receive a loss rather than a default. In sports; such as touch football, with which many women aren't familiar, there is a clinic before the tournament to review the rules and playing strategies. At Western, the convenors keep a close watch over defaults and phone the captains after their first default to inquire as to why the team forfeited their game. We have attempted to involve the female participants in the decision making about the intramural program, through their representatives on the Women's Intramural Advisory Committee. This committee, over the years, has made recommendations concerning the addition or deletion of activities to the schedule, changes in the playing rules and modifications to certain administrative procedures. These aforementioned methods have met with some success, but not nearly the success that is desired. A more detailed inquiry into the reasons for forfeits is necessary, before a decrease in the number of defaults will be realized. Perhaps, the key to improved involvement by women in intramurals lies in better communication, as suggested by J.W. Morris (1980).

Defaults are an inconvenience to the convenors, the officials and the opposing team. They also result in financial losses and poor use of the facilities. An intramural program will never be successful in meeting the needs of its participants when it is plagued by defaults. Women's intramural programmers must become attuned to the unique recreational attitudes of their target group, if they are to improve the participation by women in intramural activities.

Unpack Your Bags and Join Us

The 12th Annual Post Secondary Student Conference was held at Mohawk College on February 19th and 20th, 1982. There were sixteen different post secondary institutions from all across Ontario in attendance and a total of 100 delegates.

Friday, February 19th was hospitality time at the Conference. This time was set aside for delegates to meet and make new friends. The evening consisted of dinner, social games, dance and a key-note speech on "Participation" by Mr. W. Campbell. Mr. Campbell was on the founding executive of CIRA and he gave an enlightening speech on Intramural Participation.

Saturday, February 20th was the time to get down to serious intramural business. "What Is Intramurals" was the Good Morning Seminar by Joe Marko of Mohawk College.

The topics covered were as follows:

- 1) Intramural Rule Adaptions (Coed): Karen Lavelle - Mohawk College
- 2) Special Events "Mountaineer Day": Mohawk College Students
- 3) What's The Point — Points vs No Points: University of Toronto
- 4) Future Challenge for Student Leaders — From Intramurals to Campus Recreation: Matt Wever - University of Waterloo
- 5) Integration of Multi-Campus: Centennial College Students
- 6) Fair Play: Nancy Bouchier - Western University
- 7) Fund Raising: Fanshawe College Students
- 8) Facilities Management: Dennis Campbell - Mohawk College
- 9) Fitness Clubs: Mohawk College
- 10) Misconduct: Steve Dranitaris - York University
- 11) Proper Tools Guarantee Satisfaction: Pat Marshall
- 12) Injuries & Sports Medicine: Miss Susan Long

Each session lasted forty-five minutes with a fifteen minute question period. This enabled the delegates to exchange ideas.

The Conference came to a close with a question and answer period and the delegates favourite gift exchange.

The 13th Annual Post Secondary Conference will be held at University of Toronto in 1983.

Kerrie Webster

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Suggestions for Penny Carnival Activities

ELEMENTARY K - 6

fish pond, jelly bean guessing, white elephant sale, pin the tail on the donkey, bean bag toss, bowling, penny pitching, haunted house, apple dunking, airplane toss, water pistol shoot out, candy sale, surprise bags, popcorn sale, fortune teller, hopscotch, nerf ball throw, shuffleboard, teddy bear throw, velcour darts.

ELEMENTARY 7 - 8

cake draw, bingo, candle shoot, scoro, food booth, penny auction, door prize draws, picture guessing, musical chairs, bicycle races, paper airplane toss, basketball toss, ring toss, frisbee toss, card toss, casting contest, target shoot, pinball, balloon and darts.

SECONDARY

wheels of fortune, blackjack, bingo, putting, shuffleboard, body painting, fortune teller, bucking bronco, pie throwing, food eating, wet sponge, slave auction, archery, kissing booth, sock hop, wild mouse race, computer games, car wrecking (sledge hammer), coke can toss.

If you require a full explanation of any of the above activities, please contact me.

GOOD LUCK AND HAVE FUN!

O.I.R.A. PRESENTS



ANIMATED INTRAMURALS

14th ANNUAL
O.I.R.A. DIRECTORS' CONFERENCE
GENEVA PARK
APRIL 26, 27, 28



REGISTRATION DETAILS

Contact - Fred Wannamaker
Sheridan College
P.O. Box 7500
Brampton, Ont.
(416) 459-7533 Ext. 250

OIRA *ontario intramural recreation association*