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ONTARIO

INPUT

Vol. 10, No. 3

February 1990

*H*idden beneath the vast wasteland of many organized sports -- Underneath the obnoxious fans and the greedy players and the silly owners and the tennis mothers and the Little League fathers and the winning-is-the-only-thing mentality, lies an oasis of sanity, a breath of fresh air called intramurals. It's a place where fun counts more than the score, where participation is paramount to competition.

Gary Reinmuth



C.I.R.A. - Ontario acknowledges the financial support of the Sports and Fitness Branch of the Ministry of Tourism and Recreation

Business As Usual

The executive of C.I.R.A. - Ontario met on Sunday January 21st. The following summary highlights the major agenda items.

- Administrative Awareness Package has been updated and revised and is near completion. It will be an excellent resource for the promotion of intramurals.
- C.I.R.A. - Ontario is reviewing the format of their by-laws with the assistance of CIRA's Delivery System coordinator.
- C.I.R.A. - Ontario will now be incorporated as a "Not for Profit" organization.
- Membership Drive - all members have received by now CIRA's membership drive promotion material. Members are encouraged to participate.
- Sponsorship for C.I.R.A. Ontario's activities was discussed at length. A committee under the direction of the treasurer will be formed.

Intramurals for the Physically Disabled

C.I.R.A. formed a committee to compile resources and information focusing on intramurals and activities for the physically disabled. If you have an interest in this specialized area or want more information regarding this committee please contact:

Frank Erle, President C.I.R.A. - Ontario
c/o Campus Recreation
Room 212 UCC
University of Western Ontario
London, Ontario N6A 3K7
(519) 661-3077

LOST!!!!!!

Canada Post has returned copies of the last edition of INPUT due to incorrect addresses. We are anxious for all our members to receive their membership material. Please provide updated mailing information if possible:

Deanna Miyata

Cindy Byrne

Mr. & Mrs. J. Mistele

CIRA - Ontario

Goals & Objectives

GOALS

C.I.R.A. - Ontario is committed to promote intramural recreation and provide support assistance to the intramural recreation professionals in Ontario.

OBJECTIVES

1. To develop and encourage professional growth in the field of intramurals and recreation.
2. To collect and disseminate resource material to practitioners.
3. To increase the body of knowledge in relation to intramural and recreation programs.
4. To cooperate with and provide assistance to all allied organizations.

1989-90 C.I.R.A. - Ontario Executive

President: Frank Erle
President Elect: Michelle Harkness

Vice President:

Finance - Joan Healy
Advisors &
Membership Services - Gail Osborne
Student Leadership
& Advocacy - Bob Shiell
Resource Development - Barb McCauley
Publicity - Pat Finch

Dear Doctor Gord



Dear Doctor Gord,

How can we get more senior students and staff to participate? We have plenty of the junior students and newer staff members, but the rest just don't seem to care.

Signed

Young at Heart

Dear Young at Heart,

Well for some people the thrill is gone. After 4 or 5 years of high school I find that a lot of senior students have been involved enough and now wish to persue new activities or endeavors.

Now this is okay if they have been involved for a number of years and now only come out periodically.

Your goal is to aim at the new and junior students and get them turned on to your program. These kids are your bread and butter and will participate. This is also true of staff. They have been involved for several years but now they would like to be more selective in their commitments. This is the time for you to approach new staff members

*I long to accomplish a great and noble task,
but it is my chief duty to accomplish humble
tasks as if they were great and noble. The
world is moved along, not only by the almighty
shoves of its heroes, but also by the aggregate
of the tiny pushes of each honest worker.*

Helen Keller

The INPUT is anxious to receive any articles from the scondary panel. All articles are willingly accepted by the editor:

Pat Finch
1250 Dundas St.
London, Ontario
N5W 5P2



Post Secondary Contributing Editor Meg Innes, York University

Program and Personnel Management

According to the recent study conducted by Paul Marchildon entitled "Management Competencies of Intramural Recreation Directors in Ontario Post-Secondary Institutions", results suggested that University Directors spend more time with Personnel Management than Program Management, while College Directors reported just the opposite.

Although these may seem to be Motherhood statements, it is important that we never forget the grassroots!

BEHAVIOURS OF EFFECTIVE SUPERVISORS

1. Establishes high but attainable expectations for staff in terms of work standards and goals.
2. Places staff members in jobs in which their individual abilities are most likely to be fully utilized.
3. Recognizes the universal need for approval, and helps staff members meet this need by, (a) praising accomplishments, (b) showing consideration, and (c) acknowledging their share in the total enterprise and their contribution in making it a success.
4. Removes obstacles to success by providing technical assistance and emotional support.
5. Clearly defines the responsibilities and accountability of staff members and shows confidence in their ability to carry out these tasks.
6. Encourages staff to participate in policy planning, decision making and program development, not as a "token" gesture but with serious weight being given to their contributions.
7. Exercises leadership when necessary, asserting rank, making decisions and exerting force to achieve departmental goals.
8. Is an effective link between management and leadership, communicating information helpful to their psychological well-being and morale.
9. Appraises employees on the basis of objective and measurable performance elements, taking into account differences in the qualities of individual workers and different levels of task difficulty.
10. Does not play favourites, but seeks to reward all workers equally and to provide tangible rewards and status symbols, particularly for high-level performance.
11. Is friendly, sympathetic and approachable, yet also maintains a sense of dignity based on the rank he or she has been assigned and the authority vested by the department.

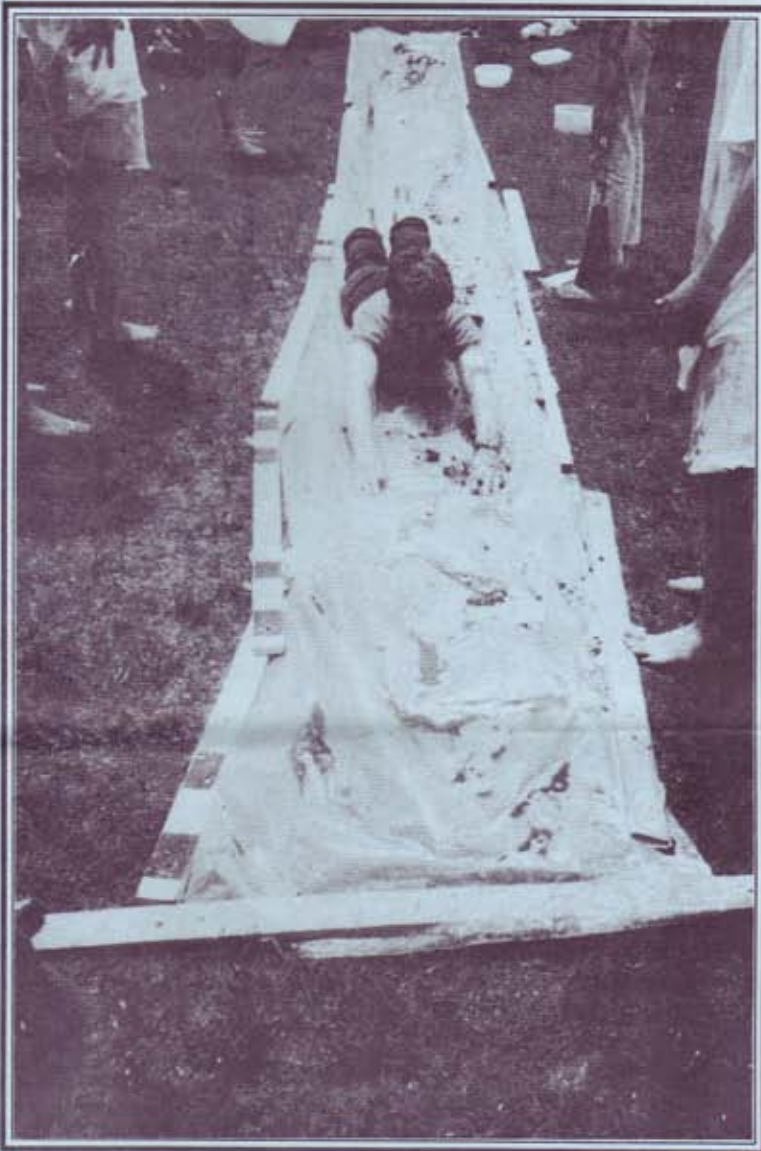
GUIDELINES FOR RECREATION PROGRAMMING

1. Recreation should serve all elements in the community without discrimination on the basis of age, sex, race, religion, or social or economic class.
2. Recreation should meet significant social needs, should be couched within a framework of democratic social values, and should provide constructive and creative leisure opportunity for all.
3. Recreation should provide a varied range of activities and provide diversity and balance to meet the needs of participants.
4. Recreation programs should involve residents in planning and carrying out activities through advisory councils, needs assessment studies, and volunteer service opportunities.
5. Special groups in the community such as the mentally or physically disabled should be served by the recreation programs that meet their diverse social, emotional, creative, and physical needs for satisfying leisure activity.
6. Programs should be supervised and administered by full-time, qualified professionals whenever possible, although much of the direct, face-to-face leadership may be performed by seasonal, part-time, or volunteer employees.
7. Recreation programs should be meaningfully interpreted to the public at large through effective public relations media and community relations activities.
8. Program activities and events should be systematically evaluated to determine whether they have achieved their objectives and satisfied community wishes.
9. Programs should be supervised and administered by full-time, qualified professionals whenever possible, although much of the direct, face-to-face leadership may be performed by seasonal, part-time, or volunteer employees.
7. Recreation programs should be meaningfully interpreted to the public at large through effective public relations media and community relations activities.
8. Program activities and events should be systematically evaluated to determine whether they have achieved their objectives and satisfied community wishes.
9. Recreational activities should strive for novelty, excitement, and surprise whenever possible and should involve varied schedules, new locations, and fresh leadership to achieve a needed change of pace.

Kraus, R.G. & Curtis, J.E. Creative Management in Recreation, Parks, and Leisure Services. Times Mirror/Mosby College Publishing, Toronto. 1986.
Reprinted Input July/87

Elementary Contributing Editor Brent McFarlane

The following are two great noon-hour intramural activities that have been tried and proven successful at Aberfoyle Elementary School.



WESTERN DAZE

NOON HOUR EVENTS

DAY 1

Name That Tune: Come to the gym at 12:05p.m.

Western Hat Day: Wear Your Western HATS

Unique Western Jello Slide: Bring a friend and join the Fun. Get ready!

Day 2

Western Dress Up Day: Earn Money for dressing up! Don't forget.

Western Penny Hunt: Find pennies Western style. 2,500 pennies put all over school yard.

Build a Western Town: A Unique Way of Building. With frozen green peas.

Day 3

Western Fitness Challenge: 7 Members to a Team. Earn lots of Western bucks. Enter lots of teams. Total number of laps run around the school in 15 minutes.

Mystery Mud Event: Enter teams of 8...be ready for dirt.

7:30 - 10:30 Sadie Hawkins Dance
Semi-Formal

Day 4

Pizza Day: Be a Pig...Eat!

SCAVENGER HUNT EXTRAVAGANZA

INSTRUCTIONS

This is not your usual scavenger hunt. It is especially designed for the one and only 'Battle of the Sexes'.

BOYS:

The four letters that spell **BOYS** have taken on a very important meaning for you.

GIRLS:

The four letters that spell **GIRL** have also taken on a very important meaning for you.

Your task (if accepted) is to find as many items, objects or articles in the school (not that you have on your possession) that begin with the letters of your sex (as listed above). Student's names or articles that cannot be safely collected or items which you do not have permission to use **ARE NOT** to be collected. They will not be scored. Any items you collect must be returned (in perfect condition) to the place or person where they were borrowed.

Looking Good

The following 2 persons have been involved with O.I.R.A. (CIRA Ont.) over the past few years and because of their dedication to this organization they have helped Intramurals grow in many areas. I feel that CAROL SYBENGA and CHRISTINE BRYDGES should share the spotlight for this edition as they both have been very involved in helping this organization and both have moved on to new careers:

1. Carol Sybenga - served on "Jungle Fever" Conference Committee
 - served on Executive 1985-86, was the keeper of all OIRA Resources and displays - Resource Coordinator
 - is now a member of the "National" Conference Committee - 1990



* Carol was employed at Sheridan College - Intramurals while she served in most of these capacities, but has chosen to pursue fulltime studies at York University. Although she is very busy with her new pursuit she is still finding some time to be involved with the upcoming National Conference.

Thanks for all your work and dedication Carol, and good luck in your new endeavours.



2. Christine Brydges - was on the 1987 "Murder on the OIRA Express" Conference Committee
 - was Chairperson for 1988 Director's Conference "Hooked on OIRA"
 - is a member of the "National" Conference Committee - 1990

* Chris was employed at Lambton College - Intramurals while she served in these capacities. She has taken on a new job at Huron Oaks Recreation Centre in Sarnia as Recreation Director but still finds some extra time to keep involved with the National Conference.

The "Looking Good column is an opportunity for C.I.R.A. - Ontario members to acknowledge and recognize you fellow colleagues and intramuralists for a job well done. Whatever it be for a special project, a good idea or for their dedication, here is your chance to publicly say "job well done". Please submit to you **Input** editor, a picture and a short article of a someone you think is "looking good".



CIRA'90

Games People Play

May 13-16 University of Waterloo

CIRA XII CONFERENCE

NOON SUNDAY, MAY 13 - NOON WEDNESDAY, MAY 16 1990

Conference package includes three keynote speakers - one per day

Dan Clark, 'The System of Success' — Salt Lake City, Utah

Jerry Ewen, International Director of Playfair Inc. — Vancouver, B.C.

Rick Hansen, Man in Motion Society — Richmond, B.C.

- 4 professional workshops
- 20-30 practical sessions for all educational levels
- Theme Night at Federation Hall, University of Waterloo
- Country Pub Mystery Bus Tour
- Special banquet on Campus
- See the Cultural and Historical Sites in Waterloo County
- Pre-conference
 - Tour of Toronto's SkyDome
 - Blue Jays Game (possible)

REGISTRATION FEES

CIRA Members

	Prior to April 13,	After 1990
Full Conference Registration (includes sessions, meals and accomodation)	\$298	\$328
Full Conference Registration (except accomodation or breakfast)	199	219
Daily (Sessions only)		
Sunday	45	55
Monday	99	109
Tuesday	99	109

Non-Members

Full Conference Registration (includes sessions, meals and accomodation)	328	358
Full Conference Registration (except accomodation or breakfast)	229	249
Daily (Sessions only)		
Sunday	55	65
Monday	109	119
Tuesday		

Spousal Programme

Full Registration, Socials	75	95
Full Conference Accomodation Only — Double Occupancy	47	57

Come play with us! May 13-16. University of Waterloo

Name Last First

Institution

Level () Elementary () Secondary () College () University

Address Street

City Province Postal Code

Telephone Home Business

For programme and registration package please return to:

Mr. Duane Shadd
 KEH Recreation Centre
 Conestoga College
 299 Doon Valley Drive
 Kitchener, Ontario N2G 4M4
 (519) 748-3512 Ext. 384

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CIRA XII
presents

THE GAMES PEOPLE PLAY

May 13-16, 1990
University of Waterloo
Conference Centre



Canapress Photo Service/Jacques Nadeau

Keynote speaker:
Rick Hansen

for more information:
Mr. Duane Shadd
K.E.H. Recreation Centre
Conestoga College
299 Doon Valley Drive
Kitchener, Ontario
N2G 4M4

Come play with us!

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01/99



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