

WACKY INTRAMURALS
A LOOK AT NON TRADITIONAL INTRAMURAL EVENTS

Objectives

- To understand the need for non traditional activities in the campus recreation setting
- Identify barriers
- Gain new ideas to take back to your program and implement
- Learn how to run more activities while remaining within budget
- Maximize facility usage
- Learn ways to attract new participants to your program – other cultures

Group activity

- Groups of 3-4
- Create a NON Traditional Event that you can share with the whole group
- Wacky Name
- Description/purpose
- Estimated Cost (to your school and/or to the participants)
- Facility needed (space, time)
- Equipment needed
- Risk associated

IDEAS:

- Old School Games
- Hula Hoops
- Tricycle
- Bubble Gum Blowing Contests
- Double Dutch
- 4 Square
- Gladiator Events
- Relay Type Activities/ Games

Scooter Board Volleyball

Teams -3 on 3

Equipment- Badminton Net, Various Balls (beach ball, volleyball)

Modifications- Blanket over net

Rugby Basketball Tournament

Basketball played with a Rugby ball

Officials Needed (2)

Equipment – Rugby ball

Rules- Same as basketball

Steps are allowed, no over and back, dribbling is done with a Rugby Ball

Passing is really emphasized within this sport

Players- 5 on 5 coed

1 Varsity player allowed on each team

Two 15 min halves

2 Day tournament

School Yard Games

- Tether Ball
- Soccer Baseball
- 4 Square

These types of games are quick to learn and easy to play

Modifications- Add a sprit component/ costume

Accessibility- Limit ability:

- Tunnel Vision
- One Arm

Introduce: Eastern Games (ex. Cricket)

TRENT = International Olympics

Barriers

- Limited facility
- Budget
- Lack of participant numbers

PROBLEMS:

Miscommunication with other departments

Other groups running same events, same time

Solutions:

Send Intramural Calendar to all Departments, Clubs & Groups in hopes of eliminating this conflict

Take turns

Both run it to promote all areas

ADVERTISE, ADVERTISE, and ADVERTISE to increase participant numbers

More Promo

Website, email merge, List serves, Mascot involvement, Music, text msg advertisements

Maximize facilities

- What can you do during down time??
 - Skills games?
- If you have limited space – but have an overflow – what do you do?

Down Time Ideas:

SKILLS GAMES-

EX: Floor Hockey, Target shooting, rank participants in each event giving them something to work towards

EX: Basketball Bump, 3 point shooting

- NO FEE
- 1 hour time slots
- Once a month

CARDS:

Are cards considered a sport? YES

Play for practical prizes (toasters, shirts, gift certificates.....)

Set a time limit

VIDEO GAMES:

Attract a new crowd of participants

You can play games related to sports (Madden)

Old school Nintendo

Provide couches to bring a comfortable, welcoming, social aspect

FREE of Charge

Non Traditional Activities

- Amazing race campus challenge
- SFU –
- Old school games
- UTM- skills competition
- Easter Egg Hunt
- Cupid visits
- Card night
 - Euchre
 - Poker
 - Texas holdem

SFU – Gung haggis fat Choy

- Incorporated the Chinese culture and the Scottish culture –
- Combined both cultures to create a “GAME atmosphere”

UBC

- Storm the wall
- Canoe Races

START A TRADITION!!!!